



Women's Weekend Workshop

This special program is designed for women and conducted by women. Our women's seminar focuses on much more than just the secrets to better skiing and snowboarding; this seminar is an insant bonding experience on the slopes!

Discover the physiological, psychological, and equipment-related secrets that will allow you to realize your full potential as a skier and snowboarder. Explore the slopes with women instructors who know how to provide a supportive and relaxed learning experience.

This comprehensive 2-day program is geared for the intermediate and advanced skier or rider ages 18 and over.

The Women's Seminar includes a 2-day snow pass, continental breakfast, lunch, and a wine and cheese get together Saturday night.

Date: January 21 and 22, 2017

Fee: \$225 non-passholder

\$210 for season pass holders



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Name: _____

Address: _____

City: _____ State: _____

Zip: _____

Email: _____

Home Phone: _____

Work

Phone: _____

Date of Birth: _____

of years skiing/riding: _____

Average # of times ski per year: _____

Type of payment:

Check

Cash

Credit

Season Pass

Skier or Snowboarder _____

Check your level:

Novice

Intermediate

Advanced

Return Application and payment to:

Jack Frost Mountain

Attn: Snowsport Learning Center

PO Box 1539

Blakeslee, PA 18610

P: 570-443-8425 x2671

E: jfskischool@jfb.com